

## Healing & Integration / 💧 Sauna Team

### ✨ Purpose

The Sauna Team is responsible for creating a soothing, rejuvenating space for festival-goers to relax and cleanse. This team facilitates the sauna experience, ensuring that it remains a peaceful and sacred space for attendees to unwind and detoxify.

### 🔧 Tasks & Responsibilities

- Manage sauna operations, ensuring it is clean, safe, and functional throughout the festival
- Greet attendees and explain the sauna's benefits, ensuring everyone feels comfortable using the space
- Monitor the sauna for safety and provide guidance to participants on proper sauna etiquette - no nudity
- Assist with maintaining a quiet, meditative atmosphere in the sauna area
- Ensure the sauna is stocked with wood, water, and other necessary supplies
- Collaborate with other wellness teams to create a balanced and rejuvenating experience for attendees.

### 🕒 Time Commitment

- Festival shifts: Throughout the festival duration
- Some pre-festival setup and post-festival breakdown duties may be required